

Recovery Clinic

The Access Place

Edinburgh Health and
Social Care Partnership



6 South Gray's
Close
Edinburgh
EH1 1NA

0131 529 5015

THE RECOVERY CLINIC

Your mental and physical health matters. We recognise that poor mental and physical health can contribute to, or drive, substance use.

The Access Place's Recovery Clinic provides care for people who need help and support with drug and alcohol use that is impacting on their lives.

The clinic offers a variety of care and support including access to wider services to enable and support people on their recovery journey.



HOW IT WORKS

The Clinic is by appointment only. It runs every morning except Wednesdays when it is in the afternoon. Appointments can be arranged through reception staff or by contacting us by telephone.

If you would prefer to have someone attend appointments with you, for example a family member or a support worker, please let us know.

Your safety matters. If your drug and alcohol dependency is unstable our initial focus will be on safety and stabilisation. Regular drug testing will be a routine part of your care.

You will have the opportunity to discuss any medication we prescribe so that we can work out together what best suits your needs. Depending on the medication you are prescribed, it may be safer for you to collect this daily at the pharmacy.

When we can see that your drug use has significantly reduced, or stopped, we can then work together on longer term goals.

We will ask about what things help and hinder your recovery. Building on your strengths, we can support you to consider new ways of coping, which are just as important as having the right medication.

THE TEAM

Mental Health Nurses
GPs
Recovery Support Workers
Pharmacists
Specialist Nurse

Where possible we will try and make sure you see the same person.

All staff are trained in trauma informed care.

WHAT WE OFFER

- Someone to talk to
- Medication – opiate replacement therapy such as methadone, buprenorphine and Buprenorphine (prolonged release injected buprenorphine)
- Access to and referrals for alcohol detoxification
- Medication – alcohol relapse prevention such as Antabuse, acamprosate
- Harm reduction advice
- Screening and treatment for blood borne virus such as Hepatitis B, C and HIV
- Mental Health Support
- Sexual Health/contraception advice
- Take home naloxone
- Wound care
- General medical care
- Vaccinations
- Peer support
- Access to advocacy
- Injecting equipment (from late 2023)

The Access Place has many other services including housing, social work and welfare benefits advice.

MISSED APPOINTMENTS

It is important that you try and attend your arranged appointments as staying on treatment can help keep you safer. Please let us know if there is anything we can do to support you with this, for example changing to an afternoon appointment.

If it looks like you may miss an appointment, please let us know and we will book you into the next available slot.

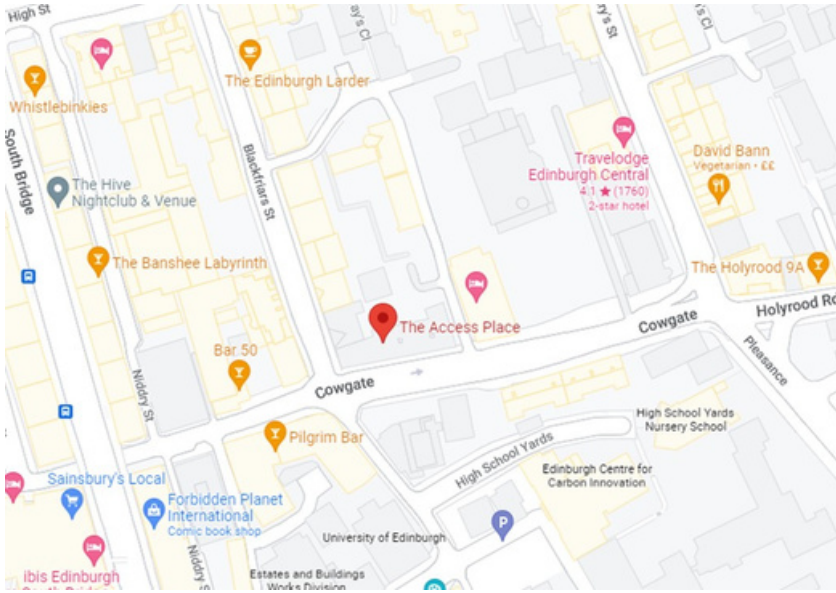
If you are on daily medication, and last took it within 3 days, you should present to reception before 3pm and an emergency prescription may be provided, though not guaranteed. If you have not taken your medication for 3 days or more, you may have to wait until the next available appointment. Please be aware the next available appointment might be 5-10 working days from when you requested it.

If you attend your appointment under the influence of drugs and/or alcohol, we will be unable to issue you with a prescription as it is not safe to do so. You will be asked to return the next working day.

Clinic times:

Monday	10am - 12.30pm
Tuesday	10am - 12.30pm
Wednesday	2pm - 4.30pm
Thursday	10am - 12.30pm
Friday	10am - 12.30pm

LOCATION



FEEDBACK & COMPLAINTS

Your experience at The Access Place matters to us. You can let us know how you have found the service on any visit. We welcome your feedback. What you tell us will help us shape the service.

You can make a complaint, pass on a compliment or make a comment about the service either to the Duty Manager or direct to the Edinburgh Health and Social Care Partnership:



feedback@nhslothian.scot.nhs.uk



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